



DISTRICT OF COLUMBIA



We Care Momma & Me Program

For ALL pregnant enrollees!

- You may be able to join **Momma & Me**, a program for soon to be moms. It is important to see your OB/Gyn (a doctor who cares for pregnant women) during your pregnancy. Even if you do not want to be in in the Momma & Me program, it is very important that you see a Doctor as soon as you know you are pregnant.

To help, we offer a gift card for keeping your appointment:

- **\$25 Gift Card** for going to your first visit during the first 12 weeks of pregnancy.
- **\$25 Gift Card** for receiving a dental exam while pregnant.
- Once you have your baby, please call the Care Management office at: 202-363-4348 or 855-798-4244 and ESA at 202-727-5355.

MedStarFamilyChoiceDC.com

If you do not speak and/or read English, please call 888-404-3549 between 8:00 a.m. and 5:30 p.m. A representative will assist you.
 Si no habla o lee inglés, llame al 888-404-3549 entre las 8:00 a.m. y las 5:30 p.m. Un representante se complacerá en asistirle.
 Nếu bạn không nói và/hoặc đọc tiếng Anh, xin gọi 888-404-3549 từ 8 giờ 00 sáng đến 5 giờ 30 chiều. Sẽ có người đại diện giúp bạn.
 *영어로 대화를 못하시거나 영어를 읽지 못하는지는 경우, 오전 8시 00분에서 오후 5시 30분 사이에 888-404-3549번으로 전화해 주시기 바랍니다.
 *당당 직원이 도와드립니다.
 Si vous ne parlez pas ou lisez l'anglais, s'il vous plaît appeler 888-404-3549 entre 8:00 du matin et 5:30 du soir. Un représentant vous aidera.
 Ի՜ր անգլերեն չեմք և/կամ չենք կարդալու դեպքում, Խնդրում եմ 8:00 ԹԻ՛ր և 5:30 ԹԻ՛ր միջև 888-404 3549 ԹԻ՛ր հեռահեռախոսով կոնսուլտացիոն օգնություն ստանալու համար հեռախոսել 888-404-3549-ը:
 如果您不能講和/或不能閱讀英語, 請在上午 8:00 到下午 5:30 之間給 888-404-3549 打電話, 我們會有代表幫助您



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